

Creative Bridges, LLC
Stephanie Musial, ATR-BC, LMHC
Telehealth Services

Updated June 1, 2022

The option of Telehealth sessions are available to all clients as deemed needed and/or preferred. During this time, insurances are covering both video and phone contact. Determination of which format to use with clients will be based on technology access, personal preference, and needs/goals.

These sessions can take the form of initial consultations, regular therapy sessions, and consults. We are fortunate to have the option of using technology in order to keep some sense of consistency, normalcy and consistent support. I am contracted with insurances to provide Telehealth services and use either Theranest or Zoom for online connections. I encourage all clients to contact their insurance providers should you have any questions regarding the coverage of Telehealth Services.

I understand that the use of Telehealth may not be ideal for all and will present as a challenge for some. Therefore, the shift to Telehealth *is always optional* for everyone.

Things to consider when using Telehealth:

Confidentiality of sessions (as they will be held outside of an office setting)

Potential of technology glitches

Limitation in the use of art supplies

Difficulty in the use of Telehealth for various ages

The age of clients, access to technology, and at home routines/schedules all require consideration. Know that this is my attempt to provide an outlet and resource for all. If the video format is used, you will have received an emailed link to join before the start of the session.

Please note: I cannot guarantee that sessions will feel, seem like nor present as they do in person as this format is quite different than in person sessions.

If you consent to Telehealth support, please sign below and return to me via an email attachment or scanned document.

Thank you,
Stephanie Musial, ATR-BC, LMHC

I consent to TeleHealth sessions with Creative Bridges, LLC (Stephanie Musial, ATR-BC, LMHC) via a HIPPA compliant portal through Theranest.

Signature or Name of Client

Date

Signature of Parent Guardian if under 18